



# Report on “Anti Addiction Pledge Wall”

**Date:** 5<sup>th</sup> February 2026

**Venue:** VLTC Back Porch, MNIT Campus

**Organizing Body:** National Service Scheme (NSS), MNIT Jaipur

**Distinguished Presence:** NSS Core Team and Volunteers

**Theme:** Say No to Addiction – Say Yes to Life

## Introduction

The National Service Scheme (NSS) unit of MNIT Jaipur successfully organized an Anti-Addiction Pledge Wall as part of its continuous efforts to promote awareness regarding the harmful effects of addiction and to encourage a healthy, responsible lifestyle among students. The initiative served as an interactive platform to sensitize the campus community about substance abuse, digital addiction, and other harmful dependencies through collective participation and reflection.

The Pledge Wall was designed to actively engage students by allowing them to express their commitment, thoughts, and suggestions toward leading an addiction-free life, thereby transforming awareness into personal responsibility.

## Objectives

- To spread awareness about the adverse effects of addiction on physical, mental, and social well-being.
- To encourage students to take a personal pledge against substance abuse and harmful habits.
- To promote healthy lifestyle choices and responsible decision-making among youth.
- To create an interactive and reflective space for self-expression and social commitment.
- To reinforce the NSS motto of “Not Me, But You” through preventive social action.

## Event Details

A visually engaging Pledge Wall was installed at a prominent location on the MNIT Jaipur campus, themed around Anti-Addiction Awareness. The wall featured strong visual messages, slogans, and symbols discouraging addiction and encouraging positive life choices.

Students, faculty members, and campus residents were invited to participate by writing pledges, motivational messages, and constructive suggestions on sticky notes and placing them on the wall. These messages reflected personal commitments to avoid addiction, support peers, maintain mental well-being, and choose healthier alternatives.

## **Volunteer and Community Engagement**

The event witnessed enthusiastic participation from NSS volunteers, who played a key role in designing, setting up, and managing the Pledge Wall. The volunteers actively encouraged passersby to participate, explained the significance of the initiative, and facilitated orderly engagement throughout the event.

## **Outcomes**

- Encouraged students to actively reflect on and commit to an addiction-free lifestyle.
- Created a visible and impactful awareness platform within the campus.
- Fostered responsibility, self-discipline, and empathy among participants.
- Strengthened preventive awareness against substance abuse and unhealthy dependencies.

## **Conclusion**

The Anti-Addiction Pledge Wall organized by the NSS unit of MNIT Jaipur was a meaningful and impactful initiative that successfully engaged the campus community in a dialogue on addiction awareness. Through active participation and personal pledges, the event transformed awareness into commitment and responsibility. Pledge taken by students include reducing screen time, avoiding junk food and exercising daily.

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